

# my GOALS PLANNER

**GOAL:**

**WHY?**

**BY WHEN?**

What specific actions do you need to take to achieve your goal? Try to write down each actionable step that you can think of. Set a deadline so you can stay on track.



**ACTION STEPS**

**DUE**

<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....
<input type="checkbox"/>	.....	.....